



P • Play with Purpose

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Talk about it: What is something you tried today, even though it felt tricky?

Try it: Pick one new thing to try this week, like a new game, food or skill. Draw yourself having a go.



☐ I had a go at something new.

Unleash the fun!



A • Always Be Kind

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Talk about it: How can you tell when a friend feels left out? What could you say?

Try it: Do three kind things today. Draw or write each one in a box.



☐ I did three kind things.

Unleash the fun!



W • Work Together

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Talk about it: When did working with someone make a job easier?

Try it: Build a tower, tidy a room or make a snack together with a grown-up or friend.



☐ I worked together with someone.

Unleash the fun!



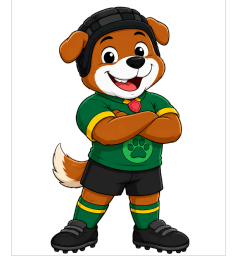
S · Stay Safe & Strong

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Talk about it: What helps you feel calm and brave when something is hard?

Try it: Make a 'Stay Safe' list: three ways to play safely at home, at school and in the park.



☐ I made my Stay Safe list.

Unleash the fun!